

Food Allergy Confirmation Sheet

Date of stay	<u>Year/Month/Date (Day)</u>	<u>Reservation name</u> Mr./Ms.
Name of person who needs allergy-friendly meals		Mr./Ms.
Contact phone number		

■ Please place an 'X' beside foods you can't eat.

<input type="checkbox"/> 卵 (鶏卵) eggs	<input type="checkbox"/> 乳 milk	<input type="checkbox"/> 小麦 wheat	<input type="checkbox"/> そば buckwheat
<input type="checkbox"/> 落花生 peanuts	<input type="checkbox"/> エビ shrimp/prawns	<input type="checkbox"/> カニ crab	
<input type="checkbox"/> オレンジ oranges	<input type="checkbox"/> バナナ bananas	<input type="checkbox"/> もも peaches	<input type="checkbox"/> りんご apples
<input type="checkbox"/> キウイフルーツ kiwi fruits		<input type="checkbox"/> やまいも yamaimo yams	
<input type="checkbox"/> ゼラチン gelatin	<input type="checkbox"/> アーモンド almonds	<input type="checkbox"/> くるみ walnuts	<input type="checkbox"/> ゴマ sesame
<input type="checkbox"/> 大豆 soybeans		<input type="checkbox"/> カシューナッツ cashew nuts	
<input type="checkbox"/> まつたけ matsutake mushrooms			
<input type="checkbox"/> 牛肉 beef	<input type="checkbox"/> 豚肉 pork	<input type="checkbox"/> 鶏肉 chicken	
<input type="checkbox"/> いくら salmon roe	<input type="checkbox"/> さけ salmon	<input type="checkbox"/> さば mackerel	<input type="checkbox"/> あわび abalone
<input type="checkbox"/> いか squid/cuttlefish		<input type="checkbox"/> その他 others ()	

■ Please tell us the degree to which you are allergic.

Items	Please place an 'X' beside one of them.	
① As a binder	<input type="checkbox"/> OK	<input type="checkbox"/> Not OK
② As an extract	<input type="checkbox"/> OK	<input type="checkbox"/> Not OK
③ When it's used in broth	<input type="checkbox"/> OK	<input type="checkbox"/> Not OK
④ When it's used as part of a seasoning	<input type="checkbox"/> OK	<input type="checkbox"/> Not OK
⑤ When the ingredient is served raw	<input type="checkbox"/> OK	<input type="checkbox"/> Not OK
⑥ When the ingredient is served cooked	<input type="checkbox"/> OK	<input type="checkbox"/> Not OK
<u>Others</u>		

*The meal may differ from a regular meal in terms of volume, but the price will be the same.

*For those who have a history of anaphylaxis, and those who have problems using pots or plates that have come into contact with allergens, we ask that you kindly bring your own food. If your food is boil-in-the-bag type, we can assist you in warming it up.

*We will make every effort to accommodate you, so please consult us ahead of time. Please be aware that ingredients are limited in a mountain hut, so depending on a guest's allergies, we may not be able to accommodate your needs. As the top of the mountain is not quickly accessible by ambulance or helicopter, we accept that some of our guests will bring their own food for safety's sake.

*Please be aware that we cannot accommodate personal tastes (preferences, foods you don't like).

Please fill this in and send it back at least 5 days before the date of your stay.

株式会社 燕山荘

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